

Seiwa

Combine physical and energetic body
in a complete practice.

Introducing our most exclusive service.

Healing Waves Hands



**A relaxing massage session for one or two people,
accompanied by the power of sound healing**

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Harmonize your body and release stress through the gentleness of
conscious touch and carefully selected sound frequencies to accompany
your holistic massage.

Gongs / Quartz and Tibetan bowls / Shamanic drum /
Flutes / Therapeutic tuning forks...

seiwa.es / [@seiwasoul](https://www.instagram.com/seiwasoul) / seiwaestudio@gmail.com



The Impact of Vibration on the Physical Body

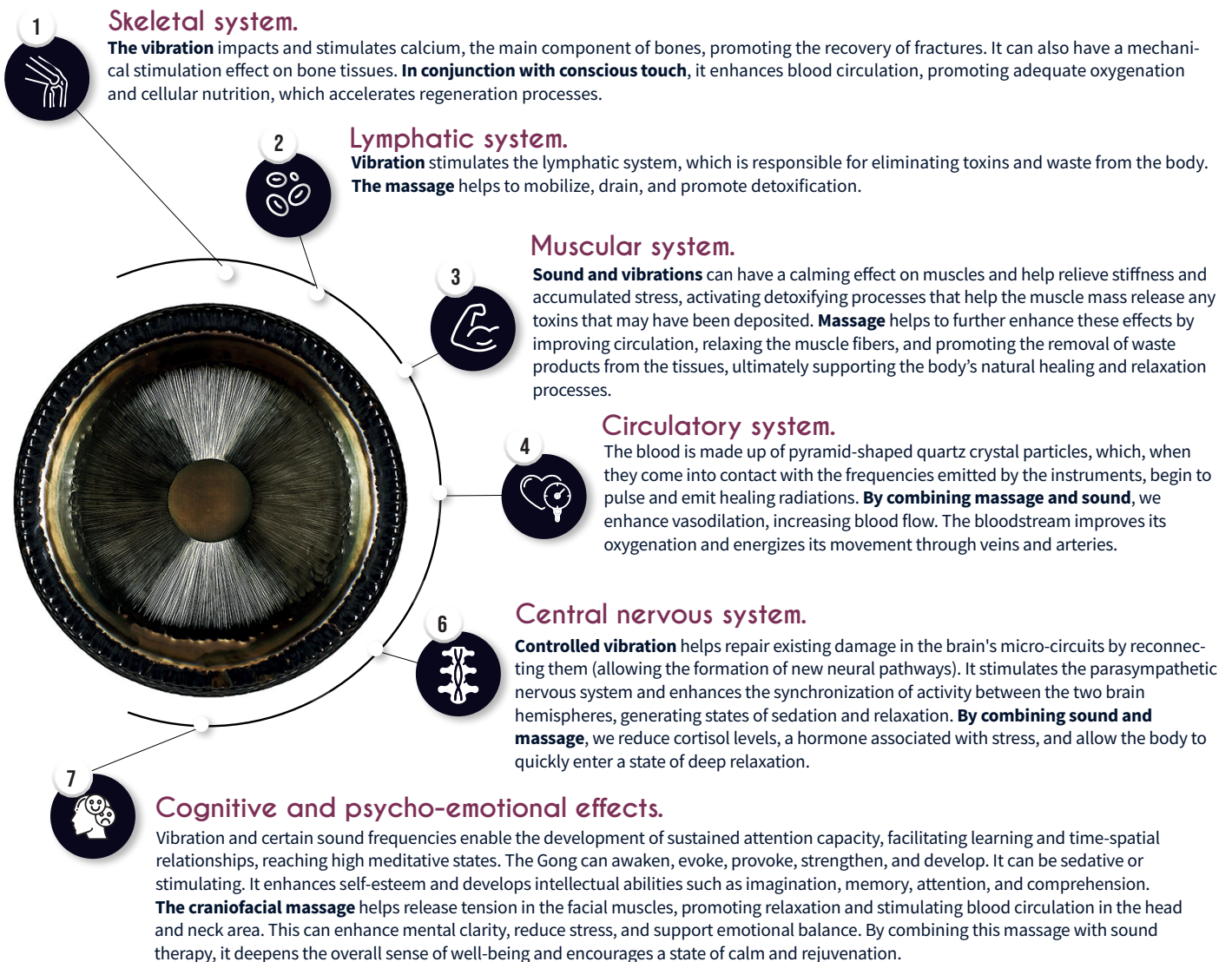
In the eighteenth century, the German scientist and musician Ernst Chladni, known as the father of acoustics, demonstrated in simple and straightforward visual experiments that **sound affects matter**, such as the water molecules in the body (which is composed of 70% water). Our cells respond to sound.

After these initial discoveries, many researchers throughout history have developed extensive studies on this subject. Figures such as Dr. Hans Jenny, Masaru Emoto, Fabien Maman, and Helene Grimal, among many others, teach us about **the great power of vibrations at the neuronal, cellular, and ultimately atomic level.**

"If you want to understand the secrets of the universe, think in terms of frequency, energy, and vibration." – Nikola Tesla.

Everything in the Universe vibrates continuously. The Gong, Tibetan bowls, quartz bowls, and tuning forks are perfect sources of holistic resonance, producing multiple tones across a continuous sound spectrum. **Focusing on the Gong**, with just one strike of the mallet, it radiates life through its wide frequency spectrum, some of which are below 20Hz and are inaudible but still reach our brain, sometimes in the form of binaural sounds. This strike creates a powerful sound wave, almost tangible to the touch, which stimulates the physical body by influencing each of our cells.

Benefits of the combination. Sound therapy and massage.





Our sessions

Two offerings, two transformative experiences

Zen Hands



Deep Relaxation

Enjoy a soothing and slow full-body massage accompanied by live sounds, instruments, and frequencies, carefully crafted to guide you into a state of deep calm.

**Relaxation / Meditation /
Anti-stress**

Chakra Balance



Total Energy Balance

Harmonize your energy system with a full-body massage accompanied by carefully selected sounds and frequencies designed to balance your chakras one by one.

Balance / Energy / Release

What does each session include?

Welcome infusion
60 min full-body relaxing massage
Live sound, frequencies, and vibration
Sonopuncture (Energy harmonization with therapeutic tuning forks)

How long does it last?

Duration: 2h

How much does it cost?

Individual: €160
Couple: €125 / person